

PATIENT INFORMATION SHEET



Understanding PROMs (Patient Reported Outcome Measures) in your health care

Your practitioner is using Patient Reported Outcome Measures (PROMs) to learn more about your perspective of your care. This helps them learn more about you so they can improve the care you receive and the outcomes you gain from that care.

PROMs will help us help you!

PROMs are questionnaires that help you tell your practitioner how your condition and health care affects your wellbeing or your experience of care. This helps them measure how you are feeling and functioning. It also helps them adapt your treatment to better meet your needs.

Completing PROMs questionnaires is completely voluntary, and non-completion will not affect your access to care.

Why are PROMs being used?

Your practitioner is using PROMs to assist in collecting more information about how their treatments affect patients. In addition to improving quality of care for you, this information will be used to highlight the benefits of Bowen therapy and Oncology massage treatments for conditions like yours.

The PROMs information will be used to enhance the information your practitioner already collects about you, your care and responses to that care. This will help improve the quality of care you receive.

On some occasions the information may also be used to write Case Reports and develop Case Series informational resources. This will help us advocate for greater recognition

and integration of Bowen therapy and Oncology massage in healthcare settings. Individual patients will never be identified in these resources.

What can PROMs tell us?

- What is important to you in your treatment and care
- What sorts of benefits you experience due to your treatment
- What other care you should be provided with, either by your bowen therapist [or oncology massage practitioner] or through referral to other healthcare practitioners

What can PROMs help us to do for you?

- Improve communication between you and your practitioner
- Improve the completeness of your care
- Guide shared decision making
- Improve your satisfaction with the care you receive

What else can PROMs help with?

- Provide information to help compare treatments and outcomes across larger groups of patients, and show which treatments are most effective for people with your condition
- Measure health outcomes so healthcare professionals can better understand the patient perspectives as this relates to their health.
- Provide information to guide service improvements
- Show how effective bowen therapy and oncology massage treatments are for certain conditions
- Help provide information to show the need for additional funding or services necessary to improve patient outcomes from healthcare

Contact information

If you need extra support, please discuss your concerns with your practitioner.

You may also access further information or support by emails us at info@b-eager.org.au.

**By working together,
we grow stronger in how we deliver care.
Growing evidence is a promise for the future of Bowen Therapy and
Oncology massage**

B-EAGER Initiative - www.b-eager.org.au